



tdpo unlimited
natural care products

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Come join us this Sunday at Sacred Grounds Coffee House for Tampa's first Loc Appreciation Day!



We'll be there with our handcrafted natural soaps and bath items! You'll also find handmade jewelry and other local vendors. Mingle and listen to music and spoken word artists. Learn more about natural hair and styles. The event is **Sunday June 22nd from 3pm-7pm**. Sacred Grounds Coffee House is located at 4819 East Busch Blvd., Tampa, FL 33617. Tickets are only \$10 in advance but go up to \$20 at the door. For advance tickets and more information go to <http://www.eventbrite.com/o/faahla-ali-amp-heal-thy-hair-salon-6457469067> or contact Faahla at 443-762-5282 or blaquegoddess@gmail.com. You can also, check out her blog: <http://blaquefiregoddess.blogspot.com/>

We've Hit the Beach! You can now find our soaps in Madeira Beach, Florida at **Brew, Mostly** 15024 Madeira Way just off the Tom Stewart Causeway. Stop in for coffee roasted fresh in Tampa, local pastries, cafe breakfast and lunch made fresh while you wait or just to view the local artwork while you sip a craft beer. The cafe is less than a block from Archibald Park for great public beach access.

Quick Home Tip: Want to freshen your kitchen sink? When you are done with that lemon slice in your drink or lemon scraps from cooking, drop them in your garbage disposal, run some water and grind them up. Lemon is a great disinfectant and will leave your sink smelling fresh with the scent of real lemon.



Why not treat yourself & your health this summer to wellness with Tai Chi – Unwind with tdpo's own Tim Osgood. Tim leads Tai Chi classes Saturday afternoons at Yoga4All in Seminole, Florida. The class is designed for all level students to learn more about the practice and experience the benefits for both mind and body. Contact Marty at 727-392-9642 for more info or to register. You can also email Tim with questions about the class. He is at T.Osgood@yahoo.com

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." ~ Maya Angelou